





Please feel free to bring your own takeaway containers and cups
Save money & help our planet

<b>BREAKFAST</b>
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<b>DILANIAJI</b> Vegan V Vegitarian GF Gluten I	Free		
SERVED EVERY DAY UNTIL 11.30AM			
EGGS BENEDICT		SMASHED AVO ON TOAST Vegan	
Toasted English muffins topped with poached		Avocado with squashed cherry tomatoes, fresh	
eggs, bacon & hollandaise sauce	1100/-	lemon & herbs spread on toasted multigrain bread	890/-
Florentine (spinach) V	950/-	Top with poached eggs to really start your day	
SMOOTHIE BOWL V  Royale (smoked salmon)	1350/-	the right way V	990/-
Deliciously thick, made with natural yoghurt & nutritious	;	and right way	2201
tahini mixed with banana, chia seeds & berries,		EGGS YOUR WAY V	
blended & topped with homemade granola	860/-	Two eggs served with multigrain toast; choose	
OVERNIGHT CHIA PUDDING ∨		from poached, fried or scrambled	680/-
Chia pudding made with almond milk and honey			
& topped with fresh berries	650/-	OMELETTES V	
• •		Plain, Spanish, feta & spinach or cheese & bacon	
CASSAVA PANCAKES GF		served with toast	870/-
3 crêpe style pancakes made with naturally sweet			
cassava flour, served with either lemon & sugar or fair trade honey	680/-	"THE" BACON SARNIE	
sugar of fail trade horiey	000/-	Rashers of bacon served in toasted white ciabatta	
BEETROOT PESTO & GOATS CHEESE TOAST V		with your choice of sauce	920/-
Toasted multigrain bread topped with homemade		add a fried agg	50/-
Beetroot pesto & lightly grilled goats cheese	890/-	<b>A</b>	
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# CHILDRENS' MEALS

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SERVED FROM 11:30AM EVERY DAY			
CHOCOLATE PANCAKES GF		COCONUT CHICKEN STRIPS GF	
Two pancakes made with naturally sweet cassava flour		Served with homemade mayo & a choice of	
served with a smooth chocolate nut butter	570/-	sweet potato wedges or fries	870/-
EGGY BREAD WITH FRIED BANANAS ∨		MINI BURGERS	
Sprinkled with cinnamon & served with a side of		A simple free reange chicken breast or beef	
natural yogurt	520/-	patty in a soft bun served with either sweet potato	
HUMMUS Vegan		wedges or fries	870/-
Smooth chickpea hummus served with carrot &		add melted chee	se 50/-
cucumber sticks	490/-	FISH FINGERS	
SWEET POTATO WEDGES OR FRIES Vegan		Fish fingers served with tartar sauce & a choice of sweet	•
Perfect to snack on	380/-	potato wedges or fries	870/-
	300/	PIZZA MARGARITA BAMBINO V	
PASTA POMODORO V		A mini pizza made with a fresh tomato sauce	
Spaghetti in a homemade tomato sauce	720/-	topped with bocconcini mozzerella	650/-
with a sprinkling of cheese	/20/-	large sharing pizza	850/-
CMEET THINGS & DYCLDIES			

## **SWEET THINGS & PASTRIES**

SERVED ALL DAY EVERY DAY			
CHOCOLATE FONDANT  Warm, melt in the middle chocolate fondant served with		MINI BROWNS ICECREAM TUB	540/-
vanilla icecream & a ginger nut crumb	750/-	CARROT CAKE	540/-
GOOEY GLUTEN FREE BROWNIE GF	600/	MILLIONAIRES SHORTBREAD	350/-
Served with vanilla icecream	680/-	FLAPJACK	350/-
OVERNIGHT CHIA PUDDING V Chia pudding made with almond milk and honey	/	GIANT BUSCUITS	250/-
& topped with fresh berries	650/-	BUTTERY CROISSANTS	250/-
BROWNS ICECREAM COOKIES  A selection of Browns icecreams & sorbets sandwiched		PAIN AU CHOCOLAT	290/-
betweeen homemade cookies	495/-		

720/-



SOUP OF THE DAY V

**SERVED FROM 11.30AM EVERY DAY** 

#### **LIGHT BITES**



#### FETA & CORIANDER SAMOSAS V

4 Freshly made samosas served with our sweet chili sauce with a choice of salad, chips or sweet potato wedges 950/-

> Samosas only 150/- each

950/-

add 150/-

Freshly made everyday & served with toasted chiabatta

SMASHED AVO ON TOAST Vegan

Avocado with squashed cherry tomatoes, fresh lemon

& herbs spread on toasted multigrain bread 890/-

1050/with salad

QUICHE WITH SALAD **NEW RECIPE** 

Homemade feta, cherry tomato & spinach quiche slice

BEETROOT PESTO & GOATS CHEESE ON TOAST V

Toasted multigrain bread topped with homemade

beetroot pesto & lightly grilled goats cheese 890/-

with salad 1050/-

ALL OUR MAIN LUNCH DISHES ARE SERVED WITH A CHOICE OF OUR SUPERFOOD SALADS, FRIES OR SWEET POTATO WEDGES

### **TIN ROOF CLASSICS**

#### **SUPERFOOD SALAD BAR** $\vee$

A selection of fresh & super healthy vegetarian salads. We source our vegetables locally & use the best grains, pulses, seeds & cheeses to create our signature salads. 850/- per plate

GINGER SNAPPER GF

Panfried ginger snapper on a bed of coconut

& tumeric cauliflower rice 1730/-

BEEF STRACCETTI GF

Seared strips of beef fillet cooked with cherry tomatoes

& garlic 1730/-

PEPPERED STEAK

Tender fillets of beef in a classic creamy pepper sauce 1730/-

#### INDIAN BUTTERED CHICKEN

Tender free range chicken breast marinated in spices and served in a soft naan topped with mint yogurt and crispy lettuce 1730/-

#### TRADITIONAL BATTERED FISH

Red snapper coated in a light crispy batter, served with your choice of chips, sweet potato wedges or salad 1730/-

#### FLATBREAD PIZZAS

Your choice of a mini pizza with any side dish or a large pizza on its own

#### MARGARITA V

Topped with baby tomatoes, bocconcini & fresh basil 860/-

**AUBERGINE & FETA**  $\vee$ 

Flatbread base topped with grilled aubergine & feta, caramelised onions & homemade pesto 1050/-

BEETROOT PESTO, CRISPY KALE & GOATS CHEESE  $\lor$ 

Homemade beetroot pesto topped with crispy kale, grilled goats cheese & bocconcini 1050/-

**CHILLI CHICKEN** 

Smoky chicken, red chillies, bocconcini & coriander 1100/-

#### TOASTED CIABATTA SANDWICHES

#### **FILLET STEAK & ONION**

Tender fillet steak, caramelised onions & rocket 1390/-

MED VEG & PESTO Vegan

Grilled Mediterranean vegetables & pesto in a crispy toasted ciabatta

add gooey melted bocconcini V 1100/-

CHICKEN, MAYO & AVO

This classic combo is really hard to top 1350/-

CHICKEN, PESTO & MOZARELLA

With fresh rocket & cherry tomato 1390/-

### WRAPS, CREPES & TACOS

#### **GRILLED PEPPERS & BEAN WRAP** Vegan

Grilled vegetables & red beans in a chapati wrap with kachumbari & smashed 1150/-

**KUKU WRAP** 

Grilled paprika chicken & grilled vegitables in a chapati wrap with kachumbari & smashed avo 1300/-

SPICY CAULIFLOWER & CRISPY CHICKPEA TACOS Vegan

Served with a coconut "yogurt" 1150/-

FETA & CORRIANDER CREPE V

A winning combination of salty cheese & fresh herbs

stuffed in a homemade crepe 1150/add grilled paprika chicken 1320/-

use cassava flour GF

HALLOUMI WRAP V

Crispy grilled halloumi, with sundried tomato, carrot & avocado in a soft wrap served with a tahini yogurt dip 1300/-

#### **FUNKY FISH TACOS**

Two tacos of succulent red snapper fingers with a cucumber salsa, jalapenos & sour cream 1300/-

SPICED AUBERGINE WRAP

Grilled spiced aubergine with tomato, onion & ghekins, topped with hummus in a soft wrap 1150/-

#### **BURGERS**

#### TRC BURGER

100 % prime beef patty made from select cuts of grass-fed cattle, grilled & topped with cheese, pickles, caramelised onions, dijonaise sauce, served in a soft bun 1350/add bacon 1550/-

**FAJITA BURGER** 

100% prime beef patty made from select cuts of grass-fed cattle, grilled & topped with salsa, grilled mixed peppers, cheese & served in a soft bun with guacamole

1350/-

**SMOKY CHICKEN BURGER** 

smoked paprika & served in a soft bun with lemony mayo, cucumber slices & fresh rocket 1350/-

SPICED CHICKPEA & SWEETCORN BURGER Vegan

Tender free-range chicken breast marinated in

Served with vegan mayo this is guilt free & packed with flavour... who knew eating vegan could be so tasty? 1150/-

SWEET POTATO, QUINOA & BLACK BEAN BURGER Vegan

Served with smashed avo in soft bun 1150/-



## **DRINKS**

SERVED ALL DAY EVERY DAY SIGNATURE S			
Chai Latte	I LUIALO	•	400/-
Red Cappucino			
•	ibos & caffeine free)		350/-
Hot Chocolate			350/-
COFFEE PERI	FECTION		
Cappuccino			250/-
Espresso			200/-
Macchiato			210/-
Americano			230/-
Latte Mocha			300/-
French Press			400/- 250/-
Iced Cappuccine	)		370/-
Iced Latte			370/-
Baby Chino			100/-
·	Make any a double	ac	dd 50/-
	Use dairy free milk	ado	d 150/-
TEAS			
Pot of English te	งล		200/-
Masala tea			220/-
Kenyan mixed to	ea		220/-
,	garden grown mint tea		150/-
Herbal tea bags			180/-
Rooibos			180/-
Iced Tea			370/-
DETOX CENT	RAL		
Ginger, lemon, h	noney & turmeric dawa		350/-
Turmeric Latte			
(full of vitamins,	antioxidents & detoxifiers)		400/-
<b>POWER JUIC</b>	ES		
	Cucumber, spinach, gingei	r & apple	450/-
Pineapple & mir			450/-
Apple & kale			450/-
Carrot, beetroot	: & ginger		450/-
SMOOTHIE BA	AR		
	asonal fruits & berries		
	with yoghur	t and honey	400/-
	wit	hout yogurt	450/-
<b>LUXURY MILI</b>	KSHAKFS		500/-
	a's icecream - please ask for	our available se	
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ВООСН	. 10.0		100/
Naturally carbo	nated & flavoured Kombuc	ha	400/-
WATER			
Only served in I	recyclable glass bottles		
	Small	Large	
Still	180/-	280/-	
Sparkling	210/-	310/-	
BEER			
Tusker, Tusker M	lalt or `White Cap		350/-
	o. craft beer selection		400/-
WINE			

## **COCKTAILS**

Please ask for our weekly cocktail specials 850/-

Please ask your waiter for our selection of White, Red & Rose wine

Bottle 2990/-



Glass 690/-